COVID-19 Symptom and Exposure Situations

1. Symptoms* of COVID-19
   - Vaccinated or unvaccinated
   - No Exposure*
     - Stay home
     - Get tested
     - Healthcare provider evaluation
     - Get healthcare provider note of alternate diagnosis
     - Complete 5-day isolation* and return to school 24 hours after symptoms* improve
     - Return to school 24 hours after symptoms have improved

2. Maximal vaccinated exposure*
   - Symptoms*
   - No symptoms*
     - Refer to SITUATION 1 and follow steps
     - Remain in school and monitor symptoms for 10 days

3. Exposure*, symptoms*, unvaccinated
   - Stay home and quarantine
     - Consult healthcare provider and get tested
     - Complete 5-day isolation* and return to school 24 hours after symptoms* improve

4. Exposure*, no symptoms*, unvaccinated
   - Stay home and quarantine
     - Consult healthcare provider and get tested
     - Complete 5-day quarantine* and return to school 24 hours after symptoms* improve

KEY DEFINITIONS
SYMPTOMS = two low-risk OR one high risk (COVID-19 SYMPTOMS listed to the right)
EXPOSURE = Close contact (within 3-6 feet for at least 15 minutes) of a person who has confirmed or suspected COVID-19
QUARANTINE = Restricts the movement of persons who were exposed to COVID-19 in case they become infected
ISOLATION = Separates those infected with COVID-19 from people who are not infected
TEST AND STAY = Please refer to CCES Test and Stay Protocol Rules and Eligibility Requirements (found on the OCC)
MAXIMALLY VACCINATED = A person who has completed his/her primary vaccine series and has had a booster if eligible

Individuals are eligible for a booster shot six months after completing their Pfizer or Moderna vaccination series or two months after their single dose of Johnson & Johnson.

* NOTE: Individuals who are fully vaccinated and asymptomatic are not required to quarantine. Proof of full vaccination status is required to eliminate quarantine.

COVID-19 SYMPTOMS
LOW RISK SYMPTOMS
New or unusual:
- headache
- fatigue
- congestion/runny nose
- sore throat
- muscle or body aches/chills
- nausea
- vomiting
- diarrhea

HIGH RISK SYMPTOMS
- Fever 100.4 or higher
- Cough - new or worsening
- Shortness of breath / difficulty breathing
- Loss of taste or smell

REMINDER: If experiencing any symptoms, please contact your school nurse.